



Outdorable[®]

Lasts for good

Open-ended outdoor playscapes inspired by the wonders of nature, encouraging children to explore their learning through play and stimulating active physical development.



Practitioner Notes



Why Outdorable?

- Enhances children's physical and mental development.
- Encourages movement which influences cognitive skills, memory, attention, and thinking skills.
- Designed to reflect aspects of the natural environment.
- Modular in design for flexible learning environments. Can be adapted to meet the needs of all children with multiple configurations possible.
- Movable, adaptable, and can be relocated between play spaces.
- Additional pieces can be added over time to suit budgets and children's developmental needs.
- Sustainable and durable with a 25-year guarantee.



Supporting physical development with the Outdorable range Active Play Package - 3 - 5 years (FF47415)



What's included?

2 x H860mm Climbers 1 x Climbing Wall 1 x Ladder Plank 1 x River Rocks Plank 1x Smooth Plank
1 x H600mm Climbers 1 x H300mm Climbers 1 x Wobbly Log Plank 1 x Slide 1 x Dual Frame Monkey Bars

Remember to give children plenty of time to make connections and repeat prior skills so that these become embedded. For example, before walking across a raised plank, some children will revert to crawling to reestablish and refine balancing skills.

Skill being developed	How the Outdorable range supports
Balance	<ul style="list-style-type: none">• The planks imitate outdoor experiences in nature such as stepping on rocks to cross a river or balancing along a fallen log. These wobbly and uneven surfaces provide exciting opportunities for children to strengthen their balance, coordination, and concentration as they travel along the various surfaces at different heights and gradients to get from one place to another.• Why not give children the experience of carrying things up and down inclines. For example, slopes and gradients can be created using the climbers to create steps or planks can be positioned at various angles. This will help develop core strength and balance.• Encourage children to jump from different heights. This not only requires balance and control to land safely but also involves coordination.
Coordination and Movement	<ul style="list-style-type: none">• The Active Play Package is great for creating obstacle courses that demand a range of movements to complete. Children can crawl through tunnels made by the climbers, scramble up the climbing wall, and balance on the planks, all while moving at changing speeds and in different directions.• The monkey bars add another level of challenge and skill to the children's play. As they swing from one bar to another, they need to engage their core muscles and coordinate their movements to maintain balance and control.



Supporting physical development with the Outdorable range

3 - 5 years Active Play Package (FF47415)



Skill being developed	How the Outdorable range supports
Decision Making & Problem Solving	<ul style="list-style-type: none">• With the support of teachers and practitioners, children will delight in making decisions about the various play configurations they wish to explore.• During group play, they will actively participate in negotiations, take turns, assist others, and share equipment.• Develop problem-solving skills by increasing the level of challenge. This may entail designating certain sections as one-way paths, introducing obstacles for navigation, or creating areas that be travelled across using specific movements only. Some children may even enjoy setting time trials to challenge themselves further. Can they beat their personal best?• As children climb, balance, swing, and leap from varying heights, they will naturally start to assess and take controlled risks. This helps them to gain a deeper understanding of their strengths and limitations.
Collaboration and Co-operation	<ul style="list-style-type: none">• The climbers are great for making dens, tunnels, or a stage area. They offer the children perfect spaces for creating secret hideouts or platforms from which to perform their favourite shows and dance routines.• This versatile range lends itself to the recreation of scenes from traditional tales such as 'The Three Billy Goats Gruff'. Children can 'trip trap' across the planks to the grass on the other side or find different ways to avoid passing the mean troll. Great for enhancing understanding of narratives and active storytelling.• Foster teamwork and peer support among children as they strive to achieve both personal and shared goals, whether this is reaching the next rung on the monkey bars or leaping from the top of the highest climber. Children can provide support to their peers by lending a helping hand, praising achievements or sharing valuable hints and tips.



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Skill being developed	How the Outdorable range supports
Spatial Awareness	<ul style="list-style-type: none">• The Outdorable Active Play Package is great for helping children develop an understanding of their own body and their movements in space.• As children climb over obstacles, crawl through tunnels created by the climbers, or balance on different surfaces, they become more aware of their limbs and how they can move to overcome challenges.• Swinging on the monkey bars involves reaching for and grabbing onto the rungs. This helps children develop a sense of how far they can reach and how to judge distances accurately. To successfully swing or transition from one bar to another, children must learn how to position their bodies in relation to the bars and the ground below.
Building Confidence	<ul style="list-style-type: none">• The set is ideal for creating outdoor playscapes that are accessible for children with varying confidence levels, skills, and needs.• The modular design and various components enable teachers/practitioners to create low-pressure zones for children who are less confident whilst still providing for those who need a challenge.• Climbing to different heights, conquering challenges, and setting personal goals not only boost children's self-confidence but teach them how to be resilient and develop a growth mindset.• The different configurations and apparatus can be used to teach children the importance of perseverance and learning through trial and error. For example, they may have to adapt and change their technique to enable them to reach the next rung on the monkey bars or find an alternative way of moving across the river rocks plank to successfully get to the other side.



Possible configurations for the Active Play Package (3 – 5 years)

